

Red Metal Resources Announces Farellon Drill Results: Highlights Include 2.57% Copper and 4.16 g/t Gold over 5 Metres

THUNDER BAY, ONTARIO--(Marketwire - Dec. 4, 2009) - Red Metal Resources Ltd. (PINK SHEETS:RMES), a resource company focused on growth through acquiring, exploring and developing copper-gold assets in Chile, today announced the following results for its recently completed five hole, 725 metre, reverse circulation drill program on its 100% owned Farellon copper-gold project:

Hole ID	Interval 1					Interval 2				
	From (m)	To (m)	Len-gth (m)	Au (g/t)	Cu (%)	From (m)	To (m)	Len-gth (m)	Au (g/t)	Cu (%)
FAR-09-A	79.0	109.0	30.0	0.18	0.62 incl	97.0	106.0	9.0	0.44	1.63
FAR-09-B	56.0	95.0	39.0	0.25	0.55 incl	75.0	86.0	11.0	0.67	1.35
FAR-09-C	73.0	103.0	30.0	0.79	0.55 incl	77.0	82.0	5.0	4.16	2.57
FAR-09-D	95.0	134.0	39.0	0.11	0.58 incl	95.0	103.0	8.0	0.33	2.02
FAR-09-E(i)	24.0	68.0	44.0	0.12	0.30 incl	65.0	68.0	3.0	0.58	1.46

(i) Hole ended in mineralization

The 2009 drill program was designed to confirm historic drilling results. The Farellon Property was last explored in 1997. Of the five drillholes, three holes FAR-09-A, B and E, tested historic intersections, and two, FAR-09-C and D tested depth extents of the previously known mineralization.

Results of the drilling show grades and widths of mineralization are consistent with historic drilling results as listed in the table below and have also given valuable geological information showing a possible shallow 30 degree dip of the mineralization.

Drill Hole	Significant Interval (m)			Assay Results	
	From	To	Length	Gold (g/t)	Copper (%)
FAR-96-09	57	84	27	0.51	0.91
FAR-96-021	22	25	3	4.17	5.29
FAR-96-022	29	39	10	1.53	1.31
	100	108	8	3.72	2.49

Red Metal's Farellon Property is a copper-gold property in the prolific Candelaria Iron-Oxide Copper-Gold belt. Previous work has outlined a 1.7 kilometre strike length of known mineralization hosted in a mineralized fault zone along strike from the historic Carrizal Alto mine.

Red Metal's President, Caitlin Jeffs, stated, "We are encouraged by the results from this round of drilling which confirms the potential of the Farellon property, and are eager to expand on these results."

This news release was prepared by Michael Thompson, P. Geo., the project Qualified Person under the definition of NI 43-101.

About Red Metal Resources Ltd.

Red Metal is a Thunder Bay-based resource company focused on growth through acquiring, exploring and developing copper-gold assets in Chile. For more information, visit www.redmetalresources.com.

This press release contains forward-looking statements. The actual results could differ materially from a conclusion, forecast or projection in the forward-looking information. Certain material factors or assumptions were applied in drawing a conclusion or making a forecast or projection as reflected in the forward-looking information.